I will

- be on time to all practices, games, and team meetings.
- change my clothes for games or practices in a locker room or the clubhouse.
- I will not wear excessive jewelry during practices and games. Coaches will determine what is acceptable and legal per NFHS and AIA by laws.
- communicate with my coach if I am going to miss any baseball event due to illness or other personal matters.
- treat all teammates, coaches, umpires, fans, and opponents with respect. This includes using appropriate language and refraining from using abusive language towards opponents or umpires.
- not complain to the coaches about playing time unless it is asking what I can do to get better to improve my chances of playing. Playing time, positions, pitching schedules, etc. are not negotiable items.
- support all coaching decisions whether I agree with them or not.
- support my teammates in a positive manner.
- represent the Sunrise Mountain baseball program in a positive manor at all times. This
  includes appropriate school behavior throughout the school day and in any social
  settings outside of school.
- not make inappropriate comments about teammates, coaches, or any other part of the Sunrise Mountain baseball program through social media.
- hustle on and off the field.
- not throw equipment
- give my full concentration at all games by not being distracted by outside friends or family.
- I will ride the school transportation to and from games.
- fulfill my commitment of maintaining the baseball field and facility before I leave practice or games.
- conduct appropriate behavior on all road trips.
- follow the Peoria Unified School District and the AIA guidelines.

- not use drugs, alcohol, tobacco, or any type of vape device.
  - Any player disciplined at school for drugs, alcohol, tobacco, or vape devices will be suspended from all team activities until a team mandated substance abuse course has been completed. A second violation of this rule will result in the removal from the team.

As a Sunrise Mountain baseball player I have read and understand the player's contract and the Sunrise Mountain baseball expectations and rules and understand that any failure to abide by this contract may result in the range of possible removal from practice to being released from the team and any other disciplinary action in between.

Print student-athlete's name	
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Student-athlete's signature\_\_\_\_\_

Date \_\_\_\_\_